



MARIANN HOME



APRIL 1, 2024

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New**



Mariann Home Mission and Vision

Our Mission- To provide excellent, long-term care, in a catholic environment that reflects the healing ministry of Jesus to those vulnerable people intrusted in our care.

Our Vision- The Mariann Home always put the Residents first and at the center of the decision-making process to help ensure quality of life.



What's New

We have our Registered Art Therapist to facilitate bi-monthly Art Therapy sessions for our residents who wish to partake in this special program. We are happy to have Sarah on board as our Art Therapist for Mariann Home.

Resident poem has been attached to the last page of the Newsletter. We had our residents of Mariann Home create two poems all about Mariann Home, you can find these on [page 10](#).

Indoor visit updates/Home updates are posted below on [page 6](#) under **Visitation policy Updates**. **Please read as there have been a few updates added and our indoor visit policy has changed along with the mask mandate.** For further detailed inquires please feel free to call the home.

Pet Therapy is officially back at Mariann Home. We will have our Pet Therapist Barbara coming in for visits with her therapy dog named Eli. Barbara and Eli are a part of St. John's Ambulance Dog Therapy Program. Barbara and Eli will be visiting Mariann Home every Tuesday morning from 10:00-11:00AM.

Donations: If families are wanting to donate to our home, please visit the Mariann Home website. There is also resident art section for donation at the front sign in desk of the building. On the main page of our website there is a maroon Donate button in the top right corner, this button will direct you to the donations page. All donors will receive a tax receipt. If you have further inquires, please contact the home.



Upcoming Events

SPRING has finally arrived!

We have made it to spring, finally! we will continue to provide therapeutic indoor programming for our residents and we will be running various interactive activities. We will continue to make appropriate adjustments as needed for our residents and staff.

Entertainment is coming to Mariann Home twice this month. We will be hosting Marcus Schwan on the 8th and LJC on the 11th. We are looking forward to our entertainers this month!



Art Therapy is coming this month! We will be hosting Sarah from Soulful Art Therapy on March 23rd and we are looking forward to having her back!

“Where flowers bloom, so does hope.”

-Lady Bird Johnson



Resident Spotlight



We are pleased to introduce you to one of our wonderful and new residents of Mariann Home, Kandiah, and some fun facts about him.

Kandiah is already so loved here at Mariann Home. Kandiah always greets you with a hello and smile. Kandiah enjoys surfing on his cellphone and calling family when not at program. He enjoys socializing with others, music themed events, reading, games, pet therapy and more. Kandiah is very kind to everyone he interacts with. We are so happy to have Kandiah a part of the Mariann Home family and we care for him very much.

Resident Photos/ Memories





Continued Resident Photos





APRIL 1, 2024

A Update on Visitation Policies

Dear Residents, Families, and Staff:

I hope everyone is healthy and safe.

Please see listed below, some updates to our visitation policies for Mariann Home.

Outdoor visitations will have re-opened. For further questions/ inquiries around outdoor visits please contact Shannon O'Connor, Life Enrichment Director, via telephone or by email.

Mask Mandate Changes: The Ministry has implanted universal Masking mandate for LTC homes. Visitors are strongly encouraged to wear a mask when in the facility. It will be up to the digression of the individual (family member) if they wish to wear one or not. For further inquires please call the home to speak to either Bernard Boreland (Administrator) or Erly Valera (DOC).

Indoor visitations are no longer required to be scheduled as of April 1st, 2023. Doors will open for visitation from **8:00am-8:00pm**, after 8:00pm the doors will be locked, and doorbell will need to be used. The Ministry has removed all active screeners as of April 1st, 2023. Visitors will be required to perform passive screening and answer 3 questions prior to coming in for visit. Universal masking is NO longer required throughout entire facility, unless you wish to wear one or loved one is on isolation. All, **Leave of Absence approvals** are to be arranged through the charge nurse on your loved one's floor.

Activities/Dining: At this time families and POA's will not be invited to group programs (unless specified), and only 1 family member is permitted to help feed their loved one at a time, and must receive feeding training through Mariann Home, prior to feeding a loved one.

Hepa filters have been installed in all common areas in the facility.

Please see the attached Globe and Mail link below for an interview Bernard Boreland did with one of their reporters on "How Ontario's Elder Care Policies Favour for Profit Homes:

<https://www.theglobeandmail.com/canada/article-how-ontarios-elder-care-policies-favour-for-profit-homes/>

We thank you for your understanding, and continuous support. If you have any further inquiries in regards to visitations or LOA'S please contact Bernard Boreland or Shannon O'Connor.



Please contact Shannon O'Connor at shannon.oconnor@mariannhome.com to arrange facetime, zoom, skype, or teams (Whichever your home does) calls with your loved ones. Our residents greatly enjoy these calls and look forward to seeing and hearing from you.

Now more than ever mental health plays such an important role for all of us at the home and in our communities. Along with the importance of being able to talk about how you are feeling, it is also important that when possible, everyone take advantage of the warm weather, fresh air, and ability to exercise -while following Public Health recommendations. With this beautiful weather we will be encouraging residents to enjoy the fresh air while ensuring proper precautions are being met for their safety. This is one of the approaches we will be taking to ensure the overall health and wellness of your loved-ones.

For more information on the stay-at-home orders please follow the link to Ontario's COVID-19 Public Health Measures and Advice Page: <https://covid-19.ontario.ca/zones-and-restrictions>
For More information on Mental Health Supports Available in Ontario please Follow this link: <https://ontario.cmha.ca/provincial-mental-health-supports/>

Thank you to each family for your continued support and understanding during this unpredictable time.



Around the Home

The Residents of Mariann Home will be enjoying various fun indoor for the months ahead. We have been enjoying our garden and spending time in the sunshine over the last few weeks. We have created a second calendar for **IF** the home goes into isolation. This was created to ensure the Activity staff can continue to provide interactive and effective 1:1 programming, while keeping each day different with something new to do. We wanted to ensure programs do not become repetitive while on isolation, and this allows them to program efficiently and effectively. If we are ever to go into a lock down, please keep your eyes open for an Isolation calendar that would be sent to you via email.

Shannon O'Connor has officially moved to the third-floor office and can now be reached at the extension of 233.

We have 3 residents with birthdays for the month of March and we will be holding our end of the month birthday party with cup cakes, music, games, and fun!

Mariann Home has received our Accreditation Award for the next 4 years.

ALL residents have Air Conditioning installed in their rooms. This project is fully completed.

Covid – 19 Vaccination Information

Vaccination clinics are still up and running. If you would like your loved one to have another dose, please contact Bernard Boreland via phone or email to make arrangements.

Please see emailed attachments for further detailed forms on update protocols.

Vaccine clinic open every Thursday for all essential caregivers and families. Just email Bernard your request.

The COVID-19 vaccine is free to anyone living in Ontario. Although it is not mandatory for the public, it is **strongly recommended** to keep yourself and the community safe.

By clicking the link below, you can find information on our local Vaccination Program:

<https://bit.ly/3ugdD0v>



Words of Gratitude

Thank you to you and all your staff for all the hard work keeping yourselves and residents safe! At a time when all we hear about is short comings in LTC it is wonderful and hopeful to hear of a group of professionals working so diligently to keep "Care" in LTC. – *A Community Member*

Thank you to everyone continuing to do their part for the safety of all our loved-ones.

For More Information

If you have any questions or concerns, please feel free to contact any of the following individuals:

Bernard Boreland, CEO/Administrator	bernard.boreland@mariannhome.com
Erly Valera, Director of Care	erly.valera@mariannhome.com
Shannon O'Connor, Life Enrichment Manager	shannon.oconnor@mariannhome.com
Michele Shuyler, Dietary Manager	michele.schuyler@mariannhome.com
Jia-Ling Yuan, RAI Coordinator	jia-ling.yuan@mariannhome.com
Lin Yin, RAI Coordinator	lin.yin@mariannhome.com
Paula Ruttan, Restorative/Palliative Care Coordinator	paula.ruttan@mariannhome.com
Sister Thecla, Spiritual coordinator/ social services coordinator	sister.thecla@mariannhome.com

We know that this is a difficult period for all of us. Rest assured that we will continue to follow the three guiding principles in being #1) proactive with the protocols, #2) providing exceptional care to our residents at all times, and being #3) 100% transparent with all residents, families and staff.



MARIANN HOME POEM BY: RESIDENTS

Mariann Home !

The place we now call home,
With butterflies & angels that surround us,
The scenery from my window of beauty does appear,
The Catholic Sr's give us hope & faith and take away all our fears.

The love and support of the staff, we are grateful for,
A little bit of heaven here on earth,
Where the love and compassion unite and emerge,
The friendships and family we have come to deserve.

Our new favorite place to be.....

Home Sweet Home!

Welcome Home

The day we entered the home,
We were afraid, confused and alone.
But the staff showed us love and care,
And made it feel like a welcome home.

The song of Mariann Home, is a beautiful melody,
The home's programming dept feels like a big hug to me,
With comforting food made with love and care,
The nursing staff give us a better chance to fare.

