

**MARIANN HOME MASTER MENU (STANDARD)**

**MENU A – WEEK 3**

MARCH 1 – 7 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>						
ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST VEGETABLE OMELETTE	ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST BREAKFAST SAUSAGES	ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST POACHED EGGS	ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST MIXED BERRIES & WAFFLES BACON	ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST POACHED EGGS	ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST SCRAMBLED EGGS	ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST BUTTERED RAISIN TOAST CHEDDAR/HAVARTI CHEESE
<b>LUNCH</b>						
CHICKEN & RICE SOUP TUNA CASSEROLE MIXED VEGETABLES RYE BREAD  APPLESAUCE  GRILLED CHEDDAR CHEESE SANDWICH MIXED GREEN SALAD  CHOCOLATE CREAM PIE	SPLIT PEA SOUP PORK PIE (TORTIERE) SAUTEED MUSHROOMS  FRESH FRUIT CUP  RAVIOLI IN A ROSE SAUCE HERBED FRENCH GREEN BEANS  MOUSSE	CHICKEN NOODLE SOUP SNACK PLATE: CHEESE, SLICED TURKEY & SALAMI, PICKLES, CRACKERS & GRAPES  CHOCOLATE PUDDING  SLICE TOMATO & CHEESE SANDWICH ROMAINE SPINACH SALAD WITH TOASTED ALMONDS  PEACHES N' CREAM	CREOLE TOMATO SOUP TERIYAKI TURKEY BURGER WITH MANGO CHUTNEY ROMAINE MUSHROOM SALAD  APPLE SLICES W/ CINNAMON  BREADED SOLE FILET <i>Tartar Sauce</i> SPICED CARROTS MULTIGRAIN  ICE CREAM SUNDAE	BEEF VEGETABLE BARLEY SOUP CREAMY & CRISPY CHICKEN CASSEROLE GREEN BEANS BUTTERED MARBLE RYE  TROPICAL FRUIT  SALMON SANDWICH SLICED TOMATO / CUCUMBER  BROWNIES	HARVEST VEGETABLE SOUP MACARONI, CHEESE & BEAN CASSEROLE MIXED VEGETABLES  DICED PEARS  TURKEY & HAVARTI SANDWICH TOSSED SALAD  CREAM COOKIES	SMOKED TURKEY SOUP PULLED PORK VILLAGIO BREAD SQUASH  LEMON MERINGUE PIE  EGG SALAD SANDWICH SPINACH TOMATO BASIL SALAD  MANDARIN ORANGE SECTIONS
<b>DINNER</b>						
CHICKEN STEW CHEESE TEA BISCUIT GARLIC HERB ROAST POTATOES GREEN BEANS MOROCCAN  BERRY SHORTCAKE  SWEDISH MEATBALLS MASHED POTATOES WHIPPED PARSNIPS  CHOPPED APRICOTS	BANANA CREAM PIE DAY BEEF HOT DOG FRENCH FRIES PARSLIED CAULIFLOWER  CRUSHED PINEAPPLE  TURKEY STIR FRY COUSCOUS STIR FRY GRILLED VEGETABLES  BANANA CREAM PIE	SHRIMP SCAMPI PEAS  DICED FRESH CANTELOUPE  HONEY GARLIC CHICKEN WINGS POTATO SALAD ITALIAN VEG MIX  SHERBET	BAKED PORK CHOP WITH STUFFING MASHED POTATOES BROCCOLI  JELLO CUP  BEEF VEGETABLE GOULASH RICE PILAF GARLIC BREAD CORN & RED PEPPER  CHOPPED MANGO W' BERRY SAUCE	VEAL MARSALA MEATBALLS MASHED POTATOES BRUSSEL SPROUTS WITH RED PEPPERS  PEACH CRISP  CRANBERRY ORANGE GLAZED HAM SCALLOPED POTATOES MONTEGO STYLE VEGETABLES  CHOPPED APRICOTS	MEDITERRANEAN POLLOCK HASHBROWNS SEASONED BEETS <i>Tartar Sauce</i>  APPLE PIE  SHEPHERD'S PIE GRAVY CREAMED CORN  FRUIT COCKTAIL	CURRY CHICKEN WHITE RICE PEAS & DICED ONIONS  RHUBARB & STRAWBERRIES  SALISBURY STEAK IN MUSHROOM & ONION GRAVY MASHED POTATOES FALL VEGETABLE MEDLEY  BUTTERSCOTCH PUDDING

**WATER IS SERVED AT ALL MEALS.**

**WHOLE WHEAT BREAD/PUREED WHOLE WHEAT BREAD OFFERED EVERYDAY AT LUNCH. A VARIETY OF BREADS ARE OFFERED AT DINNER. TWO - THREE CRACKERS SERVED AT LUNCH WITH SOUP.**

**30 ML PEANUT BUTTER OR 125 ML YOGURT ARE OFFERED AS A CHOICE AT BREAKFAST. BANANA OR 3 PRUNES ARE AVAILABLE EVERYDAY AT BREAKFAST.**

**200 ML MILK IS OFFERED EVERYDAY AT BREAKFAST, LUNCH & DINNER.**

**TEA AND COFFEE ARE OFFERED AT ALL MEALS**