

## MARIANN HOME MASTER MENU (STANDARD)

**MENU A – WEEK 2**

MARCH 15 – 21 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>						
ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST VEG & CHEESE OMELETTE	ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST CHEDDAR/HAVARTI CHEESE	ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST POACHED EGGS	ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST WAFFLES & BACON	ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST POACHED EGGS	ORANGE/APPLE JUICE HOT OATMEAL ASSORTED COLD CEREAL BUTTERED WW TOAST SCRAMBLED EGGS	ORANGE/APPLE JUICE HOT CREAM OF WHEAT ASSORTED COLD CEREAL BUTTERED WW TOAST BUTTERED RAISIN TOAST CHEDDAR/HAVARTI CHEESE
<b>LUNCH</b>						
VEGETABLE NOODLE SOUP SWEET & SOUR CHICKEN BALLS FRIED RICE W' ALMONDS ORIENTAL VEGETABLES EGG ROLL  TROPICAL FRUIT  TUNA SANDWICH GREEN SALAD  BUTTERSCOTCH PUDDING	MUSHROOM SOUP SALAMI w/ MUSTARD ON RYE SUMMER ITALIAN SALAD  CHOPPED APRICOTS  PANCAKES SAUSAGES BAKED APPLES  RICE KRISPIE SQUARE	ST PATRICK'S DAY CHEESE, ALE & POTATO SOUP CORNED BEEF & CABBAGE SLIDERS IRISH FLAG SALAD  FRUIT COCKTAIL  LASAGNA VEGGIE BROCCOLI  SHAMROCK PUDDING	CHICKEN & RICE SOUP CARAMELIZED ONION & CHEESE QUICHE MIXED VEGETABLES  CHEESECAKE  SLICED HAM SANDWICH ROMAINE MANDARIN SALAD  BANANAS	POTATO LEEK SOUP ROAST BEEF SANDWICH W/ MUSTARD ON MULTIGRAIN CUCUMBER & RED PEPPER  STRAWBERRY & RHUBARB CRISP  CRAB CAKES <i>Tartar Sauce</i> HASH BROWN POTATOES SLICED BEETS  GRAPES	VEGETABLE SOUP 3 CHEESE PIZZA MONTEGO VEGETABLES  TROPICAL FRUIT  SLICED TURKEY SANDWICH CREAMY CORN SALAD  SHERBET	TOMATO BASIL SOUP HOT DOG <i>Grated Cheese, Mustard, Relish, Ketchup, Pickles</i> CHUNKY FRENCH FRIES FALL MEDLEY  CHOPPED FRESH FRUIT CUP  EGG SALAD SANDWICH GREEN SALAD  VANILLA/CHOCOLATE WAFERS
<b>DINNER</b>						
PHILLY STEAK ON A BUN MASHED POTATOES GLAZED TURNIP  STRAWBERRY SHORTCAKE  ROAST PORK WITH CRANBERRY ONION SAUCE ROASTED RED POTAOES GREEN PEAS  CRUSHED PINEAPPLE	CHICKEN CORDON BLUE MASHED POTATOES VEGETABLE MEDLEY  ICE CREAM SUNDAE  VEAL TACO CASSEROLE SEASONED RICE JULIENNE CARROTS  APPLESAUCE	BANGERS & MASHED BRAISED CABBAGE WITH BACON CORN BREAD  CHOCOLATE MINT CREAM PIE  GUINNESS BEEF STEW CHEESE TEA BISCUITS MASHED POTATOES FALL MEDLEY  DICED PEARS	SLOPPY JOE ON FRENCH BREAD <i>Grated mozzarella</i> MASHED POTATOES PEAS  FRUIT FLAVOURED APPLESAUCE  FISH AND CHIPS CREAMY COLESLAW <i>Tartar Sauce</i>  CHIFFON	LENTIL DAL WITH NAAN BREAD COUSCOUS GRILLED VEGETABLES  MOUSSE  CHICKEN BURGER ON A BUN WITH TOMATO & MAYO POTATO SALAD ITALIAN VEG MIX  FRUIT COCKTAIL	COD WITH TOMATO BASIL SAUCE MASHED POTATOES FRENCH GREEN BEANS WITH BUTTERED ALMONDS  PEACHES  VEAL PARM CUTLET RICE PILAF GARLICKY SQUASH  PEANUT BUTTER PUDDING	GLAZED MEATLOAF MASHED POTATOES BROCCOLI  CHOCOLATE RASPBERRY CAKE  CHICKEN BACON RANCH CASSEROLE RED PEPPER PEAS  CRUSHED PINEAPPLE

**WATER IS SERVED AT ALL MEALS.**

**WHOLE WHEAT BREAD/PUREED WHOLE WHEAT BREAD OFFERED EVERYDAY AT LUNCH. A VARIETY OF BREADS ARE OFFERED AT DINNER. TWO - THREE CRACKERS SERVED AT LUNCH WITH SOUP.**

**30 ML PEANUT BUTTER OR 125 ML FRUIT YOGURT ARE OFFERED AS A CHOICE AT BREAKFAST. BANANA OR 3 PRUNES ARE AVAILABLE EVERYDAY AT BREAKFAST.**

**200 ML MILK IS OFFERED EVERYDAY AT BREAKFAST, LUNCH & DINNER**

**TEA AND COFFEE ARE OFFERED AT ALL MEALS**