



# MARIANN HOME



**MARCH 1, 2026**

**Upcoming  
Events**

**Resident  
Spotlight**

**What's  
New**



## Mariann Home Mission and Vision

Our Mission- To provide excellent, long-term care, in a catholic environment that reflects the healing ministry of Jesus to those vulnerable people intrusted in our care.

Our Vision- The Mariann Home always put the Residents first and at the center of the decision-making process to help ensure quality of life.



## What's New

**We have** our Registered Art Therapist to facilitate monthly Art Therapy sessions for our residents who wish to partake in this special program. We are happy to have Sarah on board as our Art Therapist for Mariann Home.

**Resident poem** has been attached to the last page of the Newsletter. We had our residents of Mariann Home create two poems all about Mariann Home, you can find these on [page 10](#).

**Indoor visit updates/Home updates** are posted below on [page 6](#) under **Visitation policy Updates**. **Please read as there have been a few updates added and our indoor visit policy has changed along with the mask mandate.** For further detailed inquires please feel free to call the home.

**Pet Therapy** is officially back at Mariann Home. We will have our Pet Therapist Barbara coming in for visits with her therapy dog named Eli. Barbara and Eli are a part of St. John's Ambulance Dog Therapy Program. Barbara and Eli will be visiting Mariann Home every Tuesday morning from 10:00-11:00AM.

**Donations:** If families are wanting to donate to our home, please visit the Mariann Home website. There is also resident art available for families for a small donation- please speak to program staff if interested. On the main page of our website there is a maroon Donate button in the top right corner, this button will direct you to the donations page. All donors will receive a tax receipt. If you have further inquires, please contact the home.



## Upcoming Events

WINTER is here but we can feel spring!

Winter is still here! we will continue to provide therapeutic indoor programming for our residents. We will continue to make appropriate adjustments as needed for our residents and staff.

**Entertainment** is coming to Mariann Home this month. We will be hosting the Chinese Dancers on March 9<sup>th</sup>, Marcus Schwan March 10<sup>th</sup> and Kathy Thompson on March 18<sup>th</sup>. We are looking forward to hosting our entertainers this month!



**Art Therapy** is coming this month! We will be hosting Art Therapy for our residents on March 17<sup>th</sup> and March 31<sup>st</sup>. We look forward to having Sarah from soulful art therapy in!

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*"Happiness is a mood. Positivity is a mindset."*

*-Unknown*

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## Resident Spotlight



We are pleased to introduce you to one of our wonderful and sweet residents of Mariann Home, Janet, and some fun facts about her.

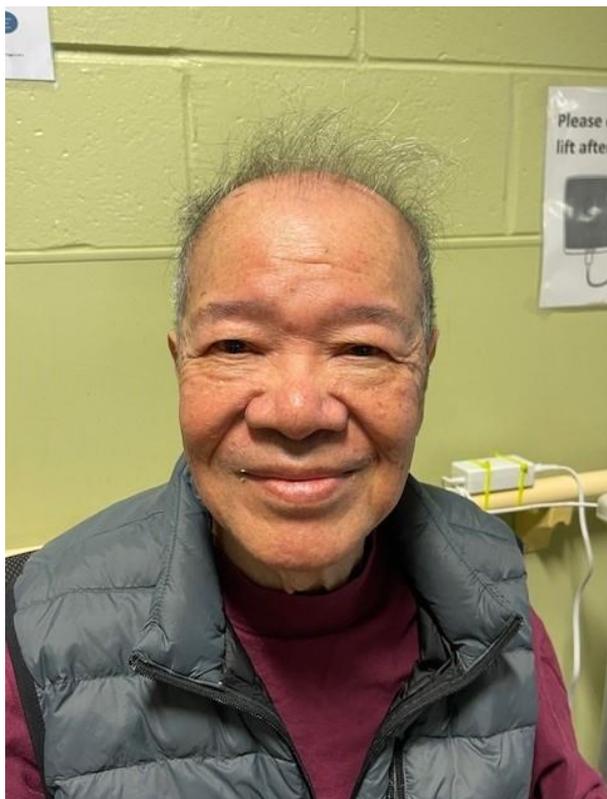
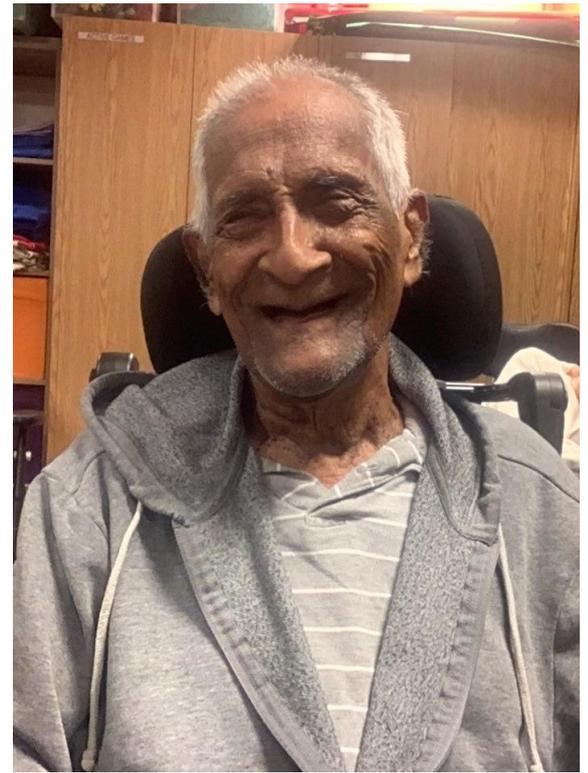
Janet is so very loved here at Mariann Home. Janet always greets you with a hello, smile, tells you how beautiful you are and asks you how you are doing. Janet enjoys walking, exercise, dancing, Art Therapy, entertainment, socials, mind jogger games, one on one visits, arts and crafts, food programs, themed events and so much more. She makes everyone smile and cares for others immensely. We are so happy to have Janet apart of the Mariann Home family and we care for her very much.

## Resident Photos/ Memories





Continued Resident Photos





MARCH 1, 2026

A Update on Visitation Policies

Dear Residents, Families, and Staff:

I hope everyone is healthy and safe.

Please see listed below, some updates to our visitation policies for Mariann Home.

**Outdoor visitations** will re-open once the weather is permitting. For further questions/ inquiries around outdoor visits please contact Shannon O'Connor, Life Enrichment Director, via telephone or by email.

**Mask Mandate Changes:** The Ministry doesn't have any mask mandates at this time. **Masks are mandatory** at this time due to high Flu Season. For further inquiries please call the home to speak to either Bernard Boreland (Administrator) or Eryl Valera (DOC).

**Indoor visitations** are no longer required to be scheduled as of April 1<sup>st</sup>, 2023. Doors will open for visitation from **8:00am-8:00pm**, after 8:00pm the doors will be locked, and doorbell will need to be used. The Ministry has removed all active screeners as of April 1<sup>st</sup>, 2023. Visitors will be required to perform passive screening and answer 3 questions prior to coming in for visit. Universal masking is NO longer required throughout entire facility, unless you wish to wear one or loved one is on isolation. All, **Leave of Absence approvals** are to be arranged through the charge nurse on your loved one's floor.

Mariann Home has upgraded the security and now have a pin pad instead of the red release button located at the parking lot entrance to gain entrance to the building. Please note the code is the same as the exit code to leave the building.

**Dining:** If you would like to feed your loved one, please contact Michele Schuyler for further information as training is required.

Hepa filters have been installed in all common areas in the facility.

Mariann Home received our official BPSO certification in September 2025.

We thank you for your understanding, and continuous support. If you have any further inquiries in regards to visitations or LOA'S please contact Bernard Boreland or Shannon O'Connor.



**Please contact Shannon O'Connor at [shannon.oconnor@mariannhome.com](mailto:shannon.oconnor@mariannhome.com) to arrange facetime, zoom, skype, or teams (Whichever your home does) calls with your loved ones. Our residents greatly enjoy these calls and look forward to seeing and hearing from you.**

Now more than ever mental health plays such an important role for all of us at the home and in our communities. Along with the importance of being able to talk about how you are feeling, it is also important that when possible, everyone take advantage of the warm weather, fresh air, and ability to exercise -while following Public Health recommendations. With this beautiful weather we will be encouraging residents to enjoy the fresh air while ensuring proper precautions are being met for their safety. This is one of the approaches we will be taking to ensure the overall health and wellness of your loved-ones.

For more information on the stay-at-home orders please follow the link to Ontario's COVID-19 Public Health Measures and Advice Page: <https://covid-19.ontario.ca/zones-and-restrictions>  
For More information on Mental Health Supports Available in Ontario please Follow this link:  
<https://ontario.cmha.ca/provincial-mental-health-supports/>

Thank you to each family for your continued support and understanding during this unpredictable time.



## Around the Home

The Residents of Mariann Home will be enjoying various fun indoor for the months ahead. We have been enjoying our garden and spending time in the sunshine over the last few weeks. We have created a second calendar for **IF** the home goes into isolation. This was created to ensure the Activity staff can continue to provide interactive and effective 1:1 programming, while keeping each day different with something new to do. We wanted to ensure programs do not become repetitive while on isolation, and this allows them to program efficiently and effectively. If we are ever to go into a lock down, please keep your eyes open for an Isolation calendar that would be sent to you via email.

Shannon O'Connor is located in the third-floor office and can now be reached at the extension of 233.

We have residents with birthdays for the month of January and we will be holding our end of the month birthday party with cup cakes, music, games, and fun!

**Accreditation** Canada Surveyors was on-site October 15th -17th, 2025 to Complete the Accreditation Survey review. Mariann Home obtained Our goal to get another 4 year award.

**ALL** resident's A/C units have been removed for those who do not need them during the winter. The A/C units will be re-installed May 1<sup>st</sup>, 2026.

**Annual Golf Tournament** will be held on June 18<sup>th</sup>, 2026. Please see Bernard Boreland for further details.

## Covid – 19 Vaccination Information

Vaccination clinics are still up and running. If you would like your loved one to have another dose, please contact Bernard Boreland via phone or email to make arrangements.

Please see emailed attachments for further detailed forms on update protocols.

Just email Bernard your request if wishing to be vaccinated and if able to he will schedule you in accordingly.

The COVID-19 vaccine is free to anyone living in Ontario. Although it is not mandatory for the public, it is **strongly recommended** to keep yourself and the community safe.

By clicking the link below, you can find information on our local Vaccination Program:

<https://bit.ly/3ugdD0v>



## Words of Gratitude

Thank you to you and all your staff for all the hard work keeping yourselves and residents safe! At a time when all we hear about is short comings in LTC it is wonderful and hopeful to hear of a group of professionals working so diligently to keep "Care" in LTC. – *A Community Member*

Thank you to everyone continuing to do their part for the safety of all our loved-ones.

## For More Information

If you have any questions or concerns, please feel free to contact any of the following individuals:

Bernard Boreland, CEO/Administrator	<a href="mailto:bernard.boreland@mariannhome.com">bernard.boreland@mariannhome.com</a>
Erly Valera, Director of Care	<a href="mailto:erly.valera@mariannhome.com">erly.valera@mariannhome.com</a>
Shannon O'Connor, Life Enrichment Manager	<a href="mailto:shannon.oconnor@mariannhome.com">shannon.oconnor@mariannhome.com</a>
Michele Shuyler, Dietary Manager	<a href="mailto:michele.schuyler@mariannhome.com">michele.schuyler@mariannhome.com</a>
Jia-Ling Yuan, RAI Coordinator	<a href="mailto:jia-ling.yuan@mariannhome.com">jia-ling.yuan@mariannhome.com</a>
Lin Yin, RAI Coordinator	<a href="mailto:lin.yin@mariannhome.com">lin.yin@mariannhome.com</a>
Paula Ruttan, Restorative/Palliative Care Coordinator	<a href="mailto:paula.ruttan@mariannhome.com">paula.ruttan@mariannhome.com</a>
Mandana Erfaniasoudeh, IPAC Nurse	<a href="mailto:Mandana.Erfaniasoudeh@mariannhome.com">Mandana.Erfaniasoudeh@mariannhome.com</a>
Sister Sabina, Spiritual coordinator/ social services coordinator	<a href="mailto:sabina.muange@mariannhome.com">sabina.muange@mariannhome.com</a>

**\*\*PLEASE EMAIL MANDANA FOR ALL VACCINATION INQUIRIES\*\***

We know that this is a difficult period for all of us. Rest assured that we will continue to follow the three guiding principles in being #1) proactive with the protocols, #2) providing exceptional care to our residents at all times, and being #3) 100% transparent with all residents, families and staff.



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MARIANN HOME POEM BY: RESIDENTS

# **Blessings**

**We give thanks to the lord,  
For the blessings we have been given.  
We pray for our family and friends,  
And the bounty we are about to receive.**

**Beauty of the leaves falling,  
Warm and cozy Autumn brings.  
Apple cider around the fire place,  
Positivity for the harvest season we embrace.**

